

FOR IMMEDIATE RELEASE

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What Do I Do?: A Step by Step Guide for Friends and Family to Support Anyone Who Has Lost a Child

[Columbia, SC]—Each year in the United States, approximately 12,000 children ages 1 to 19 will die, according to the CDC. 1 in 4 women will experience a miscarriage, and over 11,000 infants will die in their first year. While these are things no one wants to talk about, it's likely that you will know someone that loses a child, infant, or pregnancy. So many people are completely paralyzed when it comes to saying or doing the right thing to support their friend or family member after their child dies. No one knows that as well as a parent who has been inundated with requests, or even worse, ignored by their friends and family who didn't know how to respond to them after the child died. Kimberly Calabrese experienced the loneliness after the devastating loss of her child and has since dedicated herself to helping others who have suffered their own tragic loss, by providing a resource to the friends and family with guidance and action steps for helping a family grieving a child.

Kat Biggie Press is pleased to announce the forthcoming publication of our newest title, *What Do I Do?: A Step by Step Guide for Friends and Family to Support Anyone Who Has Lost a Child*, by Kimberly Calabrese. (ISBN 978-1-948604-44-4, ebook 978-1-948604-45-1)

Currently available for pre-order everywhere, *What Do I Do?* is slated to be released on August 6, 2019.

As Kimberly says, "You never get over the loss of a child, you evolve." In her book, "What Do I Do?", her mission is to reach as many people as she can with the intent of aiding the healing process for those who have lost a loved one.

Filmmaker Jessica Steinman Sternin says, "...this book is an excellent starting point for anyone who wants to support and love someone through their darkest hours."

Digital ARCs are available by contacting the publisher.

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Founded in 2016, Kat Biggie Press is a small hybrid publisher with a niche in women's non-fiction, self-help, spiritual, and business books. We hope to make the world a better place by publishing high-quality books that inspire, that are about transformation, self-help, overcoming the odds and doing good from it, teaching the world your knowledge to help someone else along the way, and encouragement.

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